

Ankle/ Achilles Strengthening—

Rev. 6/04

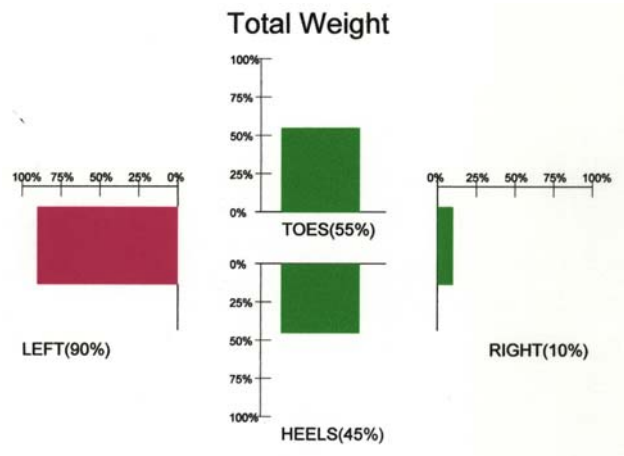
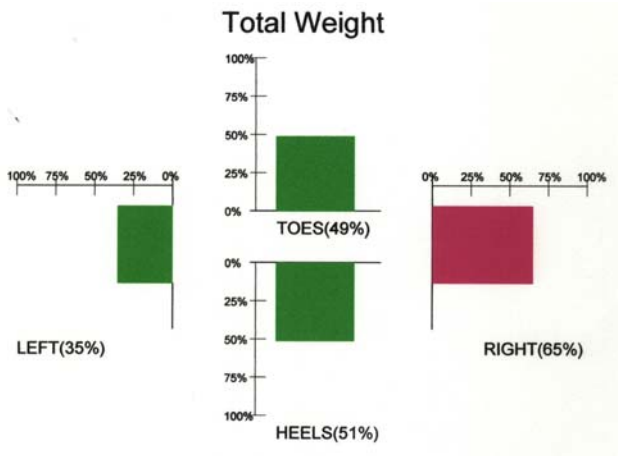
s/p Right peroneal reconstructive surgery

continued gait difficulties, decreased strength, poor balance

Bilateral Toe raises with eccentric unilateral lowering of his weight



Note: Decreased Right Plantarflexion-
requires walker for assistance



Decreased Weight Transfer - Right